

Day 1

Meet your fellow adventurers and tour leader at approximately 6 pm at the joining hotel in downtown Vancouver. After your tour briefing, you will go out together for dinner at one of the many nearby restaurants. Overnight at the joining hotel.

Overnight: Pan Pacific or Similar

Included meals: None

Included activities: None

Day 2

The morning is free for a hospital visit. Suggest St. Paul's, UBC (University Hospital) or Vancouver Women's & Children's Hospital. Other travellers can enjoy a city tour. This afternoon visit Capilano Park to experience their Suspension bridge hike, Cliffwalk, Treetops Adventure, Story Centre, Living Forest and 1st Nations Experience – Kia' poloano. Afterward enjoy a warm welcome dinner with a view of Ambleside Beach, enjoying local foods, before returning to your hotel for the evening.

Overnight: Pan Pacific or Similar

Included meals: Dinner

Included activities: Capilano Suspension Bridge

Day 3

We depart Vancouver for the ferry terminal, where we will catch our ferry for a picturesque one and a half hour ride (approximate) across the Strait of

Georgia to Vancouver Island. The scenery on the crossing is exceptional. We arrive in Victoria about noon and head to Church and State Winery for a wine tasting and lunch on the patio. To stay healthy and burn off that lunch we'll next visit the world-renowned Butchart Gardens. Over a century ago, Jennie Butchart began building what is now one of the world's premier floral show gardens, including an Italian formal garden, Japanese garden, a rose garden and a quirky sunken garden. You could do a boat tour, get dizzy from the rose carousel, get lost in the green house or historical display.

After checking into your hotel, first take a guided city tour with the rest of the day free to explore this



British inspired city. Victoria is easily navigated on foot to visit Beacon Hill Park, Historic Empress Hotel, the Provincial Legislature Buildings, Thunderbird Park, Victoria's Inner Harbour with Fisherman's wharf, the Royal BC Museum, China Town (One of North America's oldest China Towns) and much more. If you'd rather go further afield our vehicle and driver are available to take you to visit Craigdarroch Castle, Miniature World or the Wax museum

Overnight: Inn at Laurel Point or Similar

Included meals: Lunch

Included activities: Ferry crossing, Wine tasting, Butchard Gardens visit



Day 4

Continue with the activities you started yesterday. Today, your driver will give you the option of driving as far as Port Renfrew, the terminus of the Juan de Fuca Trail, where Botanical Beach displays a plethora of small sea life, and you'll have the option of hiking one or more sections of that trail, or relaxing on one of the beaches along the way. If hiking is not to your liking there are many optional Wine, Cider and Ale tours that start from Victoria.

Overnight: Inn at Laurel Point or Similar

Included meals: None

Included meals: Optional trip to Botanical Beach

Day 5

Opportunity to visit the Royal Jubilee Hospital in Victoria. RJH has an interesting Cultural Safety program, committed to decreasing health disparities for Aboriginal peoples, by increasing access to health care for Aboriginal peoples.

Later this morning we leave the Greater Victoria area and make our way up the Island. Take in the breath-taking views of the Malahat Drive on our way to Chemainus. Here we'll make a brief stop to wander around this artsy community. Then it's on to Parksville. Here you can take a tour to explore the Horne Lake Caves, take a short hike to Little Qualicum Falls or explore Coombs Country Market, world famous for its goats grazing on the roof. You may want to check out the Errington animal Rescue Centre, or spend a lazy afternoon on Rath Trevor Beach. Another optional visit would be to Morning Star Farms. Home to **Little Qualicum Cheeseworks** and **Mooberry Winery**, promoting LOCAL, ETHICAL, SUSTAINABLE practices. See a real dairy farm up close and personal, watch the cheesemakers at work through the window, and taste the end result. Yum! **Mooberry winery**, produces a wide range of delicious fruit wines using the freshest, finest fruits that British Columbia is famous for. For the more active there is sea kayaking, a completely different perspective of the forests and wildlife, both water and land.

Overnight: Tigh Na Mara Resort

Included meals: none

Day 6

Today we cross the Island to the Pacific Coast, stopping along the way to see Cathedral Grove, the aptly named giant forest preserve. We'll arrive at Long Beach and the Tofino area about noon. Here we have a great variety of activities associated with the Pacific Coast. Surf the waves of Long Beach, or simply relax on the beach; rent a kayak or canoe; hike in the rainforest. Explore the art galleries of Tofino, or simply grab your camera and capture the exquisite scenery of Clayoquot Sound and the Pacific Coast. As an option you can visit Tour the **Tofino Brew Company**. They brew small batch, handcrafted beer using high quality malted barley and Pacific Northwest hops. Try a flight of their staples, as well as seasonal drinks like coffee porter, spruce tree ale, kelp stout. For something more active take a 3 hour traditional First Nations canoe tour: history commentary while on board MV Eagle Spirit, a traditional canoe, salmon BBQ, a walk-about around a traditional home, snacks and drinks with elders.

Overnight: Tofino Resort and Marina

Included meals: none

Day 7

Today we take an included whale-watching excursion that culminates in Hot Springs Cove. More often than not, you'll be treated not only to whales but also various other sea life such as harbour seals, porpoises and sea lions. At Hot Springs Cove, you'll relax in the soothing hot mineral waters as ocean waves surge up to meet you. A true bucket list experience.

Overnight: Tofino Resort and Marina

Included meals: none

Included activities: Whale-watching tour & Hot Springs



Day 8

We retrace our journey across the Island to Nanaimo, to board a ferry back to the BC Mainland. On the way, keep an eye open for Orca Whales which call this area home. Back on the mainland we turn up the incredibly scenic sea-to-sky highway to Squamish for a wide range of activities in a picturesque setting, including the Lil'wat Cultural Centre, great hiking, Sea to Sky Gondola, via ferrata, and more. This evening, we continue the drive up to Whistler, site of the 2010 Winter Olympic Games, again passing through some superb scenery.

Overnight: Pinnacle Hotel Whistler or Similar

Included meals: none

Included activities: ferry ride

Day 9: We'll have a full day to participate in some of the many options available in Whistler, Canada's adrenaline capital: Ziptrek, Peak 2 Peak gondola, alpine hiking, valley cycling, swimming, paddling, or simply relaxing.

Overnight: Pinnacle Hotel Whistler or Similar

Included meals: Special Farwell dinner

Day 10

This morning we retrace the short drive back down the gorgeous sea-to-sky highway, something you'll be more than happy to do a second time this time stopping at Shannon Falls, the fourth highest in Canada. Upon returning to Vancouver enjoy a scenic tour through world famous Stanley Park.

